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Abandon him and go about reconstructing your own life. Very few people deserve the kind of investment that is an absolute prerequisite to life with a narcissist. To cope with a narcissist is a full time, energy and emotion-draining job, which reduces people around the narcissist to insecure nervous wrecks.

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No Control Over Your Life: While you are in a relationship with a narcissist, you will start to lose control of your views, opinions, your choices and very soon, almost all aspects of your life. Your partner will very convincingly control you and in time, will also start taking decisions on your behalf.

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