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# Breathing Cheryl Renee Herbsman

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Crash into Me  
Shuffle, Repeat  
Laugh Till You Cry  
Girls in Tears  
What I Thought Was True  
Sharp Shot  
Breathing  
Breathing  
Devil on My Heels  
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Classroom Teacher  
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The Whole Sky Full of Stars  
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Wintergirls

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Herbsman by guest

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## **RAFAEL NATHANIAL**

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Crash into Me Ember  
Looks at your airways,  
lungs and the air  
around you to find out  
why you sneeze, cough  
and hiccup. Includes  
projects. Ages 5-10  
Shuffle, Repeat  
Delacorte Press  
"When Oliver and June  
are forced to ride to  
school together each

morning, no one is  
more surprised than  
this odd couple when a  
friendship--and then  
romance--develops"--  
Laugh Till You Cry  
David Fickling Books  
Former ESPN  
sportscaster Sandra  
Neil Wallace makes her  
young adult debut with  
a historical fiction  
novel that School  
Library Journal  
recommends to fans of  
Friday Night Lights in a  
starred review. Felix

"Red" O'Sullivan's world is crumbling around him: the mine that employs most of town is on the brink of closing, threatening to shutter the entire town and his high school with it. But Red's got his own burdens to bear: his older brother, Bobby, died in the war, and he's been struggling to follow in his footsteps ever since. That means assuming Bobby's old position as quarterback and leading the last-ever Muckers team to the championship. But the only way for the hardscrabble Muckers to win State is to go undefeated and tackle their biggest rival, Phoenix United, which would be something of a miracle. Luckily, miracles can happen all the time on the field.

*Girls in Tears* North Star Editions, Inc.

"We all long for what could have been."

Things in Delilah Hannaford's life have a tendency to fall apart. She used to be a good student, but she can't seem to keep it together anymore. Her "boyfriend" isn't much of a boyfriend. And her mother refuses to discuss the fight that divided their family eight years ago. Falling apart, it seems, is a Hannaford tradition. Over a summer of new friendships, unexpected romance, and moments that test the complex bonds between mothers and daughters, Delilah must face her family's painful past. Can even her most shattered relationships be pieced back together again?  
*What I Thought Was*

*True* HarperCollins UK  
 This book introduces the reader to what is current and relevant in the plethora of good books available for adolescents. Literary experts illustrate how teachers everywhere can help their students become lifelong readers by simply introducing them to great reads—smart, insightful, and engaging books that are specifically written for adolescents.

*Sharp Shot* Penguin

*Breathing* Penguin

**Breathing** Penguin  
 A riveting depiction of sisterhood, as one sibling's return home unleashes lies, a secret long buried, and emotional upheaval. Caro Mitchell considers herself an only child-- and she likes it that way. After all, her much older sister,

Hannah, left home eight years ago, and Caro barely remembers her. So when Caro's parents drop the bombshell news that Hannah is returning to live with them, Caro feels as if an interloper is crashing her family. To her, Hannah's a total stranger, someone who haunts their home with her meek and withdrawn presence, and who refuses to talk about her life and why she went away. Caro can't understand why her parents cut Hannah so much slack, and why they're not pushing for answers. Unable to understand Hannah, Caro resorts to telling lies about her mysterious reappearance. But when those lies alienate her new boyfriend, friends, and

put her on the outs with her parents, Caro seeks solace from an unexpected source. And as she unearths a clue from Hannah's past--one that could save Hannah from the dark secret that possesses her--Caro begins to see her sister in a whole new light. "Jarzab packs a lot into this story, questions of faith and forgiveness, science and religion, mental illness, guilt and possible redemption, as well as simple high school drama. But at its heart, this is a story about sisters."--Booklist, starred "A layered meditation on family and belief that will ring true for faith-questioning teens."--Kirkus Reviews *Breathing* Penguin Will's father is running for mayor. The competition is slim. So

all Will has to do is keep from embarrassing his family during the election. Problem is, Will has been secretly boxing down at the Woodrat Club—just the sort of seedy place Will's dad wants to stomp out. After training with Eddie Tancredi, a mysterious ex-boxer, Will enters a high-stakes Woodrat tournament. He even has a shot at victory. But will his family conflict ruin his chances? If not, secrets from Eddie's past might . . . *Devil on My Heels* Laurel Leaf Bubble skirts. Transvision Vamp. Corkscrew perms. '21 Jump Street'. It's 1989 and Rachel Hill is the girl most likely to succeed. And the girl most likely to have

everything under control ... that is, until her father invites the moody Nick McGowan to live with them. With the help of her best friend Zoe, Rachel battens down the hatches in preparation for Nick McGowan to move into her old bedroom and into her life. Nick immediately labels Rachel as uptight. With bad taste in music. Rachel immediately labels Nick a no-hoper. With a bad attitude. But it's a secret from Nick's past that will draw them together and make the year Nick McGowan came to stay one that Rachel will never forget. From the bestselling author of *The Girl Most Likely*.

**This Is What I Want to Tell You** Simon and Schuster  
New York Times

bestselling author Gabbie Hanna delivers everything from curious musings to gut-wrenching confessionals in her long-awaited sophomore collection of illustrated poetry. This edition includes a collection of uncomfortably honest personal essays about Gabbie's childhood and relationships. In this visually thrilling installment of the inner-workings of Gabbie's mind, we're taken on a journey of self-loathing, self-reflection, and ultimately, self-acceptance through deeply metaphorical imagery, chilling twists on child-like rhymes, and popular turns of phrase turned on their heads. Through raw, provocative tidbits, *Dandelion* explores

what it means to struggle with a declining mental health in a world where mental health is both stigmatized and trivialized. The poems range from topics of rage and despair to downright silliness, so if you don't know whether to laugh or cry, just laugh until you cry.

#### What I Thought Was

True Wendy Lamb

A new approach to improving quality of life through your most accessible resource: your breath.

Internationally renowned yoga instructor Donna Farhi presents a refreshingly simple and practical guide to reestablishing proper breathing techniques that will dramatically improve your physical and mental health.

Complete with more than seventy-five photos and illustrations, *The Breaking Book* offers a thorough and inspiring program that you can tailor to your specific needs. Whether you need an energy boost or are seeking a safe, hassle-free way to cope with everyday stress, you will find answers here. These safe and easy-to-learn techniques can also be used to treat asthma, depression, eating disorders, insomnia, arthritis, chronic pain, and other debilitating conditions. "Donna Farhi has been a student, researcher, and teacher of the breath for many years, and now we get to reap the results of her studies in this exquisite manual." -- *Yoga Journal*

*Monkey Wars* Laurel Leaf

When rhesus monkeys are brutally massacred on the streets of Kolkata by a troop of power hungry langur monkeys, a young langur soldier's life is changed forever.

*The North Carolina Historical Review* Knopf Books for Young Readers

Based on the author's own experiences as a cadet at the exclusive United States Military Academy at West Point, *Battle Dress* is the brutally honest tale of seventeen-year-old Andi Davis, who views her acceptance at West Point as a chance to escape her dysfunctional family and prove to herself that she has what it takes to survive. *The Beast*, insider terminology for Basic

Training. But nothing could have prepared Andi for the rigors that follow. Nor for the inner strength that she will need to succeed as a woman in a nearly all-male society.

Compelling and powerful, but never militaristic, this is a tale of triumph that won't fail to move readers.

*The Breathing Book*

Franklin Watts

In the final volume of the fresh and funny *Girls Quartet*, Ellie's best friends do the unthinkable—bond without her—until the girls realize how to really be friends. Ellie knows the rule: Best friends always come before boys. But Russell isn't just any old boy. He and Ellie are in love. They're going to go out forever and ever . . . at least,



that's what she thinks until everything goes wrong. Now Ellie feels like crying all the time and—to make matters worse—she can't even count on Magda and Nadine anymore! The three of them were supposed to be inseparable. They couldn't really be splitting up for good. Could they?

### **The Summer of Skinny Dipping**

Scholastic UK

Lucy Beck-Moreau once had a promising future as a concert pianist. The right people knew her name, her performances were booked months in advance, and her future seemed certain. That was all before she turned fourteen. Now, at sixteen, it's over. A death, and a betrayal, led her to walk away.

That leaves her talented ten-year-old brother, Gus, to shoulder the full weight of the Beck-Moreau family expectations. Then Gus gets a new piano teacher who is young, kind, and interested in helping Lucy rekindle her love of piano -- on her own terms. But when you're used to performing for sold-out audiences and world-famous critics, can you ever learn to play just for yourself? National Book Award finalist Sara Zarr takes readers inside one girl's struggle to reclaim her love of music and herself. To find joy again, even when things don't go according to plan. Because life isn't a performance, and everyone deserves the chance to make a few mistakes along the

way.

**The Year Nick  
McGowan Came to  
Stay** Rowman &  
Littlefield

It's the long, hot summer between high school and college, and Jaime Cody is working a double shift. Days at a greasy spoon called Franklin's All-American Diner; night at the Phoenix, a restaurant at a glitzy resort. She's hoping to earn the college money her father stole from her -- and leave herself no time to think. A whole country lies between where Jaime is -- Arizona -- and where she wants to be -- Bryn Mawr, a college for women in Pennsylvania. The jobs mean the difference between making a life for herself and being duped by a man, the way her mother was.

The plan is perfect -- until a boy named Buddy appears, reminding her of a character in the romantic stories her mother still loves to tell. No one has to know about Buddy. He's Jaime's secret. Just for the summer. *Good Health and Vitality Through Essential Breath Work* Henry Holt and Company (BYR) It's 1959 in Benevolence, Florida, and life is as sweet as a Valencia orange for 15-year-old Dove Alderman. Whether she's sipping cherry Cokes with her girlfriends and listening to the Everly Brothers, eating key lime pie made by her housekeeper, Delia, or cruising around town with the coolest boy in school in his silver-blue

T-bird convertible,  
 Dove's days are as  
 smooth and warm as  
 the soft sand in her  
 father's orange groves.  
 But there's trouble  
 brewing among the  
 local migrant workers.  
 Mysterious fires have  
 broken out, and rumors  
 are spreading that  
 disgruntled pickers are  
 to blame. Suddenly,  
 black and white  
 become a muddy  
 shade of gray, and  
 whispers of the KKK  
 drift through the  
 Southern air like sighs.  
 The Klan could never  
 exist in a place like  
 Benevolence, Dove  
 tells herself. Or could  
 it?

**Falling in Love with  
 English Boys** Penguin  
 There Are Some  
 Summers You'll Always  
 Remember Sometimes  
 I wake up shivering in  
 the early hours of the  
 morning, drowning in

dreams of being out  
 there in the ocean that  
 summer, of looking up  
 at the moon and  
 feeling as invisible and  
 free as a fish. But I'm  
 jumping ahead, and to  
 tell the story right I  
 have to go back to the  
 beginning. To a place  
 called Indigo Beach. To  
 a boy with pale skin  
 that glowed against  
 the dark waves. To the  
 start of something  
 neither of us could  
 have predicted, and  
 which would mark us  
 forever, making  
 everything that came  
 after and before seem  
 like it belonged to  
 another life. My name  
 is Mia Gordon: I was  
 sixteen years old, and I  
 remember everything.

**Insights,  
 Considerations, and  
 Perspectives for the  
 Classroom Teacher**  
 Two Gnomes Media  
 The eagerly

anticipated follow-up to *My Life Next Door* is a magnetic, push-me-pull-me summer romance for fans of Sarah Dessen and Jenny Han. Gwen Castle's *Biggest Mistake Ever*, Cassidy Somers, is slumming it as a yard boy on her idyllic Nantucket-esque island this summer. He's a rich kid from across the bridge in Stony Bay, and she hails from a family of fishermen and housecleaners who keep the island's summer people happy. Gwen worries a life of cleaning houses will be her fate too, but just when it looks like she'll never escape her past--or the island--Gwen's dad gives her some shocking advice. Sparks fly and secret

histories unspool as Gwen spends a gorgeous, restless summer struggling to resolve what she thought was true--about the place she lives, the people she loves, and even herself--with what really is. Huntley Fitzpatrick delivers another enticing summer read full of expectation and regret, humor and hard questions, and a romance that will make every reader swoon.

*Battle Dress*

Sourcebooks, Inc.

With a new boyfriend, asthma attacks that come when least expected, and a pesky younger brother, fifteen-year-old Savannah's summer vacation takes many unexpected twists and turns.

Best Sellers - Books :

- [Daisy Jones & The Six: A Novel By Taylor Jenkins Reid](#)
- [How To Catch A Leprechaun](#)
- [Never Lie: An Addictive Psychological Thriller](#)
- [Tucker By Chadwick Moore](#)
- [The Shadow Work Journal: A Guide To Integrate And Transcend Your Shadows](#)
- [Chicka Chicka Boom Boom \(board Book\)](#)
- [Tomorrow, And Tomorrow, And Tomorrow: A Novel By Gabrielle Zevin](#)
- [Hunting Adeline \(cat And Mouse Duet\)](#)
- [The Collector: A Novel](#)
- [Stone Maidens By Lloyd Devereux Richards](#)