
Anatomy Trains
Myofascial Meridians
For Manual And
Movement
Therapists 2e 2nd
Second Edition By
Thomas W Myers
Published By
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2008

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<p>of the meridians of Traditional Chinese Medicine (TCM). The proponent and discoverer of these anatomy trains is Tom Meyers who first theorized them based on his own therapeutic experience. Anatomy Trains (Myofascial Meridians) Myers developed the myofascial meridians as a way of explaining the role of the fascial system in relation to human structure and function. Myers book</p>	<p>Anatomy Trains (2008) has become a leading resource in the study of the fascial network but should be considered in context as only 'one' way of considering the way the fascial network can work. An Intro To Myofascial Meridians: In Structure & Function Fully updated throughout and now with accompanying website (www.myersmyofascialmeridians.com), Anatomy Trains: Myofascial</p>	<p>Meridians for Manual and Movement Therapists will be ideal for all those professionals who have an interest in human movement: massage therapists, structural integration practitioners, craniosacral therapists, yoga teachers ... Anatomy Trains: Myofascial Meridians for Manual and ... Find many great new & used options and get the best deals for Anatomy Trains : Myofascial</p>
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	Myofascial	join the
	Meridians	individual
	system. The	muscles you
	'rules of the	learned into
	game' are laid	functional
	out, as well as	complexes
	each of the 12	within the
	myofascial	fascial fabric -
	linkages, their	each with a
	components,	defined
	and	anatomy and
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