

# Handbook Of Psychotherapy In Cancer Care

Alternatives in Cancer Therapy  
 Handbook of Psychiatry in Palliative Medicine  
 Coping with Cancer  
 Managing Cancer and Living Meaningfully  
 Psychosocial Care of Cancer Survivors  
 Handbook of Cancer Control and Behavioral Science  
 Psychological Treatment of Patients with Cancer  
 Memory and Attention Adaptation Training  
 Side Effects of Medical Cancer Therapy  
 Group Therapy For Cancer Patients: A Research-based Handbook Of Psychosocial Care  
 Meaning-Centered Psychotherapy for Cancer Caregivers  
 Brief Cognitive Behavior Therapy for Cancer Patients  
 Oxford Guide to CBT for People with Cancer  
 Handbook of Cancer Survivorship  
 Cancer and the Family Life Cycle  
 Cancer As a Turning Point  
 Meaning-centered Group Psychotherapy for Patients with Advanced Cancer  
 Diagnosis is Cancer  
 Meaning-Centered Psychotherapy in the Cancer Setting  
 Individual Meaning-Centered Psychotherapy for Patients with Advanced Cancer  
 Handbook of Psychooncology  
 Counseling Women with Breast Cancer  
 Meaning-centered Group Psychotherapy for Patients with Advanced Cancer  
 Cancer as a Turning Point  
 Gerson Therapy Handbook  
 CBT for Psychological Well-Being in Cancer  
 Handbook of Psychiatry in Palliative Medicine  
 Group Psychotherapy for Women with Breast Cancer  
 Depression and Cancer  
 Psychological Aspects of Cancer  
 The Handbook of Stress and Health  
 Handbook of Clinical Psychology in Medical Settings  
 Coping with Breast Cancer  
 Counseling Issues  
 Handbook of Psychotherapy in Cancer Care  
 A Cancer Patient's Guide to Overcoming Depression and Anxiety  
 Counselling People with Cancer  
 Cancer and Emotion  
 Oxford Handbook of Oncology  
 Group Therapy For Cancer Patients: A Research-based Handbook Of Psychosocial Care

*Handbook Of Psychotherapy In Cancer Care*

Downloaded from [process.ogleschool.edu](https://process.ogleschool.edu) by guest

## EVIE JAZMYN

### **Alternatives in Cancer Therapy** SAGE

Psychotherapist Lawrence LeShan has worked with cancer patients for more than thirty-five years and his research has led people with cancer to find new, effective ways to fight for their lives. He has put his findings--full of meaning and purpose--into this revised edition that shows how psychological change, along with medical treatment, mobilizes a compromised immune system for healing. Included is a life-transforming workbook of hands-on exercises designed to help readers evaluate their inner selves and teach them how to get the most out of their immune systems by leading fuller, richer lives.

### **Handbook of Psychiatry in Palliative Medicine** Oxford University Press

Meaning-Centered-Psychotherapy in the Cancer Setting provides a theoretical context for Meaning-Centered Psychotherapy (MCP), a non-pharmalogic intervention which has been shown to enhance meaning and spiritual well-being, increase hope, improve quality of life, and significantly decrease depression, anxiety, desire for hastened death, and symptom burden distress in the cancer setting. Based on the work of Viktor Frankl and his concept of logotherapy, MCP is an innovative intervention for clinicians practicing in fields of Psycho-oncology, Palliative Care, bereavement, and

cancer survivorship. This volume supplements two treatment manuals, Meaning-Centered Group Psychotherapy (MCGP) for Patients with Advanced Cancer and Individual Meaning -Centered Psychotherapy (IMCP) for Patients with Advanced Cancer by Dr. Breitbart, which offer a step-wise outline to conducting a specific set of therapy sessions. In addition to providing a theoretical background on the MCP techniques provided in the treatment manuals, this volume contains chapters on adapting MCP for different cancer-related populations and for different purposes and clinical problems including: interventions for cancer survivors, caregivers of cancer patients, adolescents and young adults with cancer, as a bereavement intervention, and cultural and linguistic applications in languages such as Mandarin, Spanish, and Hebrew.

### **Coping with Cancer** Penguin

CBT for Psychological Well-Being in Cancer is the first clinical manual to target psychological well-being in cancer by combining skill sets from DBT and other well-researched approaches, providing clinical material in a clear session-by-session structure organized by topic. The first skills training manual in the field to provide an integrated session-by-session outline that clinicians can customize for their own needs Adaptive and contextualist in approach - Carlson integrates skill sets from DBT, ACT, behavioral activation, and motivational Interviewing to promote efficacy and cost-effectiveness The text provides a unique range of resources to support for clinicians, including session guides, specific interventions, client handouts, and invaluable measurement and tracking tools for those clinicians required to report outcomes The content can be flexibly deployed by clinicians into their existing work to meet the needs of specific patients in individual or group treatment contexts, by selecting the most appropriate sessions,

skills, and handouts

[Managing Cancer and Living Meaningfully](#) Oxford University Press

Managing Cancer and Living Meaningfully provides valuable insight into the experience of patients and families living with advanced cancer and describes a novel psychotherapeutic approach to help them live meaningfully, while also facing the threat of mortality. Managing Cancer and Living Meaningfully, also known by the acronym CALM, is a brief supportive-expressive intervention that can be delivered by a wide range of trained healthcare providers as part of cancer care or early palliative care. The authors provide an overview of the clinical experience and research that led to the development of CALM, a clear description of the intervention, and a manualized guide to aid in its delivery. Situated in the context of early palliative care, this text is destined to become essential reading for healthcare professionals engaged in providing psychological support to patients and their families who face the practical and profound problems of advanced disease.

[Psychosocial Care of Cancer Survivors](#) Oxford University Press

Alternatives in Cancer Therapy offers help for all patients coping with cancer. The therapies discussed in this book are primarily non-toxic, have few, if any, side effects, and tend to strengthen the immune system. They can be used as supplemental regimens that help maximize the effectiveness of traditional therapies such as surgery, radiation, and chemotherapy. Patients have a right to know all of their treatment options, and Dr. Ross Pelton presents dozens of choices, including: \* Shark Cartilage \* Gerson Therapy \* Mistletoe \* Isoprinosine \* Laetrile \* Selenium \* Beta-Carotene \* Hydrogen Peroxide \* Vitamins C and E \* The Hoxsey Treatment Non-traditional therapies can enhance the quality of life, and improve overall health while treating the disease. Alternatives in Cancer Therapy provides information on the research, efficacy, potential side effects, and availability of each treatment.

[Handbook of Cancer Control and Behavioral Science](#) John Wiley & Sons

Meaning-Centered Psychotherapy for Cancer Caregivers provides an overview of the therapy treatment developed by the book's authors to comprehensively address the existential distress and suffering in caregivers. Over the course of seven sessions and a series of didactic and experiential exercises, caregivers are guided to explore sources of meaning in life to cope with the challenges they face and live full lives.

[Psychological Treatment of Patients with Cancer](#) American Psychological Association (APA)

A pioneer in mind-body medical research and practice explains how cancer patients can learn to accept their diagnosis as a positive turning point in their lives--allowing them finally to do what they have always dreamed of doing.

[Memory and Attention Adaptation Training](#) Wiley

This book is a comprehensive handbook designed for quick reference by medical oncologists on the side-effects of cancer therapy drugs, including the chemotherapeutic drugs. Organised by organ system, it will list the toxicity, side-effects and measures of prevention pertaining to each type of drug used in cancer therapy. The most dangerous side-effects will be given priority so as to alert the reader to their importance.

[Side Effects of Medical Cancer Therapy](#) New Harbinger Publications

Modern medicine has developed solutions that allow cancer patients to live longer lives, but depression and anxiety often make these years painful and difficult. This book develops the techniques of behavior activation therapy into practical activities people recovering from cancer can use to recognize and overcome problems with depression and anxiety. Relieved from these two sources of emotional pain and limitation, readers of this book will be able to live life fully and apply their energy to the task of getting better. Successes build on one another, creating a model for ever more positive feelings in the future. The key to success, though, is to keep focusing on engaging in enjoyable behaviors without getting bogged down by pain, frustration, and worry. Keeping on track is easy with the step-by-step approach offered in the book.

[Group Therapy For Cancer Patients: A Research-based Handbook Of Psychosocial Care](#) Oxford University Press, USA

This extraordinary resource celebrates and expands on Dr. David Spiegel's discovery that a shared intimacy with mortality creates very different concerns in the patient from those that apply in conventional settings. Spiegel and Classen introduce mental health professionals to the awareness as well as the tools they will need to facilitate groups coping with existential crises. The result is a model for helping that actually helps.

[Meaning-Centered Psychotherapy for Cancer Caregivers](#) Oxford University Press

The importance of spiritual well-being and the role of "meaning" in moderating depression, hopelessness and desire for death in terminally-ill cancer and AIDS patients has been well-supported by research, and has led many palliative clinicians to look beyond the role of antidepressant treatment in this population. Clinicians are focusing on the development of non-pharmacologic interventions that can address issues such as hopelessness, loss of meaning, and spiritual well-being in patients with advanced cancer at the end of life. This effort led to an exploration and analysis of the work of Viktor Frankl and his concepts of logotherapy, or meaning-based psychotherapy. While Frankl's logotherapy was not designed for the treatment of patients with life-threatening illnesses, his concepts of meaning and spirituality have inspired applications in psychotherapeutic work with advanced cancer patients, many of whom seek guidance and help in dealing with issues of sustaining meaning, hope, and understanding cancer and impending death in the context of their lives. Individual Meaning-Centered Group Psychotherapy (IMCP), an intervention developed and rigorously tested by the Department of Psychiatry & Behavioral Sciences at Memorial Sloan-Kettering Cancer Center, is a seven-week program that utilizes a mixture of didactics, discussion and experiential exercises that focus around particular themes related to meaning and advanced cancer. Patients are assigned readings and homework that are specific to each session's theme and which are utilized in each session. While the focus of each session is on issues of meaning and purpose in life in the face of advanced cancer and a limited prognosis, elements of support and expression of emotion are inevitable in the context of each group session. The structured intervention presented in this manual can be provided by a wide array of clinical disciplines, ranging from chaplains, nurses, palliative care physicians, to counselors, psychotherapists, social workers, graduate psychology students, psychologists and psychiatrists.

[Brief Cognitive Behavior Therapy for Cancer Patients](#) Basic Books

This succinct but comprehensive guide to psycho-oncological practice describes a range of psychological interventions aimed at helping patients cope with cancer treatment.

[Oxford Guide to CBT for People with Cancer](#) Springer Nature

This extraordinary resource celebrates and expands on Dr. David Spiegel's discovery that a shared intimacy with mortality creates very different concerns in the patient from those that apply in conventional settings. Spiegel and Classen introduce mental health professionals to the awareness as well as the tools they will need to facilitate groups coping with existential crises. The result is a model for helping that actually helps.

[Handbook of Cancer Survivorship](#) Taylor & Francis

Psychiatric, or psychosocial, palliative care has transformed palliative medicine. Palliation that neglects psychosocial dimensions of patient and family experience fails to meet contemporary standards of comprehensive palliative care. While a focus on somatic issues has sometimes overshadowed attention to psychological, existential, and spiritual end-of-life challenges, the past decade has seen an all encompassing, multi-disciplinary approach to care for the dying take hold. Written by internationally known psychiatry and palliative care experts, the Handbook of Psychiatry in Palliative Medicine is an essential reference for all providers of palliative care, including psychiatrists, psychologists, mental health counselors, oncologists, hospice workers, and social workers.

[Cancer and the Family Life Cycle](#) John Wiley & Sons

This timely revision of the authoritative handbook gives a wide range of providers practical insights and strategies for treating cancer survivors' long-term physical and mental health issues. Details of new and emerging trends in research and practice enhance readers' awareness of cancer survivor problems so they may better detect, monitor, intervene in, and if possible prevent disturbing conditions and potentially harmful outcomes. Of particular emphasis in this model of care are recognizing each patient's uniqueness within the survivor population and being a co-pilot as survivors navigate their self-management. New or updated chapters cover major challenges to survivors' quality of life and options for service delivery across key life domains, including: Adaptation and coping post-treatment. Problems of aging in survivorship, disparities and financial hardship. Well-being concerns including physical activity, weight loss, nutrition, and smoking cessation. Core functional areas such as work, sleep, relationships, and cognition. Large-scale symptoms including pain, distress, and fatigue. Models of care including primary care and comprehensive cancer center. International perspectives PLUS, insights about lessons learned and challenges ahead. With survivorship and its care becoming an ever more important part of the clinical landscape, the Second Edition of the Handbook of Cancer Survivorship is an essential reference for oncologists, rehabilitation professionals, public health, health promotion and disease prevention specialists, and epidemiologists.

[Cancer As a Turning Point](#) Plume Books

Currently there is a crisis occurring in healthcare involving clinician burnout, emotional exhaustion, lack of inspiration, and loss of personal meaning. For clinicians caring for cancer survivors, these feelings are aggravated by facing the largely unknown realm of survivorship and the issues it brings to patients and clinicians alike. As the number of cancer survivors grows, psychosocial oncology clinicians are increasingly called upon to work with the long-term aftermath of a cancer diagnosis, which requires the capacity to address the emotional and psychosocial issues that are not part of a traditional medical education. Clinicians have plenty of textbooks, but fewer hands-on, interactive guides that teach these kinds of experiential lessons that can be used in their day-to-day work lives. This accessible workbook offers a way to think about these important ideas while providing a structure to implement humanistic clinical practices. Clinical skills, communication tools, empathy as a learned capacity, cultural humility, reflective and mindful exercises designed to increase relationship skills--all of these depend upon this mode of experiential learning, as it teaches useful practices and solutions in order to increase the efficacy and satisfaction of clinical work with cancer survivors and their communities. Psychosocial Care of Cancer Survivors: A Clinician's Guide and Workbook for Providing Wholehearted Care is a clinical resource for healthcare practitioners that presents person-centered care as an antidote to the distress both patients and clinicians face in cancer survivorship. It addresses questions of how to bring a humanistic approach and quality attention to the growing needs of patients in the post-treatment phase of a cancer diagnosis. As a workbook, it's both a guide and an applicable resource for daily clinical practice. It provides a needed structure for clinicians to help them reconnect with the meaningful aspects of their work. Designed for busy psychosocial oncology clinicians who may feel disconnected but don't fully understand why, this workbook addresses the need for a humanistic and pragmatic approach to the psychosocial issues that arise in their work with patients. Based on personal interviews with clinicians, written feedback from clinicians, and research describing the formidable demands facing professionals working in cancer healthcare, as well as the dangers of burnout, this is highly practical, interactive guide addresses the emotional and psychological concerns of both patient and clinician. This workbook will be a much-needed resource for humanizing cancer survivorship care. The book is presented in two parts: - Part I focuses on skillful means for providing humanistic patient care. - Part II offers clinicians pragmatic structures and methods they can start using with patients right away, and provides a humanistic clinical framework that benefits them both personally and professionally. Clinicians will gain: - Clinical skills vital to forming healing clinical relationships: - Communication tools to enhance effective collaboration, such as personal and professional boundaries, the essentials of a healing relationship, stages of the clinical interview, collegial collaboration. - Exercises designed for personal reflection and the implementation of the abovementioned clinical skills and communication tools. - Useful practices and solutions to increase the efficacy and satisfaction of their work. Written from the perspective of a clinician-survivor, Psychosocial Care of Cancer Survivors is about the healing power of relationship for both patient and practitioner as they negotiate the complex world of cancer survivorship.

[Meaning-centered Group Psychotherapy for Patients with Advanced Cancer](#) Oxford University Press

A comprehensive work that brings together and explores state-of-the-art research on the link between stress and health outcomes. Offers the most authoritative resource available, discussing a range of stress theories as well as theories on preventative stress management and how to enhance well-being. Timely given that stress is linked to seven of the ten leading causes of death in developed nations, yet paradoxically successful adaptation to stress can enable individuals to flourish. Contributors are an international panel of authoritative researchers and practitioners in the various specialty subjects addressed within the work.

[Diagnosis is Cancer](#) Clinical Health Psychology

This book uses current psychosocial literature in combination with empirical research and clinical accounts of family adaptation to help professionals and families cope with the impact of cancer. It is broad in scope and includes families in any life cycle (i.e. single adults, children, adolescents, and

later life). This book, with its solid theoretical foundation, will be especially beneficial to any professional who is helping a family to adapt to cancer. *Meaning-Centered Psychotherapy in the Cancer Setting* Springer

Rev. ed. of: *Cognitive behaviour therapy for people with cancer* / Stirling Moorey and Steven Greer. 2002.

[Individual Meaning-Centered Psychotherapy for Patients with Advanced Cancer](#) Springer Science & Business Media

This comprehensive guide for mental health practitioners and medical professionals addresses the delicate issues surrounding breast cancer and the processes involved in emotional coping and healing. Unlike other works, this volume takes a practice-oriented approach, offering readers a review of the medical, psychological and social aspects of breast cancer. Using case studies that depict women from diverse backgrounds, this text focuses on current research, interventions, psychological assessment, and addresses the concerns of women. Students and practitioners alike will appreciate this engagingly written and informative book.

Best Sellers - Books :

- [Blowback: A Warning To Save Democracy From The Next Trump](#) By Miles Taylor
- [Flash Cards: Sight Words](#)
- [Dog Man: Twenty Thousand Fleas Under The Sea: A Graphic Novel \(dog Man #11\): From The Creator Of Captain Underpants](#) By Dav Pilkey
- [Never Never: A Romantic Suspense Novel Of Love And Fate](#)
- [Why A Daughter Needs A Dad: Celebrate Your Father Daughter Bond This Father's Day With This Special Picture Book! \(always In](#)
- [A Court Of Thorns And Roses Paperback Box Set \(5 Books\)](#)
- [I Love You To The Moon And Back](#) By Amelia Hepworth
- [The Seven Husbands Of Evelyn Hugo: A Novel](#)
- [Demon Copperhead: A Pulitzer Prize Winner](#) By Barbara Kingsolver
- [If He Had Been With Me](#) By Laura Nowlin